

Spinach & Strawberry Salad

1lb spinach, washed & dried
1 pt strawberries, washed, hulled & sliced
½ cup sugar
2 tbsp sesame seeds
1 tbsp poppy seeds
1 ½ tsp minced onions
¼ tsp Worcestershire sauce
¼ tsp paprika
½ cup olive oil
¼ cup balsamic or cider vinegar.

Arrange spinach and strawberries in large bowl. Place next six ingredients in blender. With blender running, add oil and vinegar in slow, steady stream until mixed and thickened. Drizzle over salad and serve immediately, or store in bottle until needed (shake before serving)

Contributed by: Kathy LaTour